**List of services available in Hong Kong**

The following list is solely for informational purposes and is by no means exhaustive. The persons or therapists are not listed in any particular order. Victoria Shanghai Academy does not sponsor, endorse, or otherwise approve any therapists listed below. Victoria Shanghai Academy does not warrant the accuracy and completeness of the list and use thereof is at your own risk. The list is compiled with the intention of informing our parents of what services are available in Hong Kong.

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| Service | Company/Organisation |
| Dyslexia | Dr. Lee’s Language and Dyslexia Treatment CentreTel: 2545 8128E-mail: info@dyslexiacentre.hkWeb: [www.dylexiacentre.hk](http://www.dylexiacentre.hk/) |
|  | Pathways FoundationTel: 2870 1377 E-mail: info@pathways.org.hkWeb: [www.pathways.org.hk](http://www.pathways.org.hk) |
|  | Hong Kong Dyslexia AssociationE-mail: info@dyslexia.org.hkWeb: [www.dyslexia.org.hk](http://www.dyslexia.org.hk) |
| Dyslexia Testing specifically for ESL learners | Dr Edward Shen Spectrum Psychological ServicesTel: 2525 0011E-mail: spectrum@spectrum-hk.comWeb: [www.spectrum-hk.com](http://www.spectrum-hk.com) |
| ADHD | ADHD Foundation Hong KongTel: 2858-2183Web: <http://www.adhd.hk> |
| Intellectual Disabilities | Fu Hong SocietyTel: 2745 0424E-mail: fhs@fuhong.orgWeb: [www.fuhong.org](http://www.fuhong.org) |
|  | Hong Chi Association Tel: 2661 0709E-mail: cfr@hongchi.org.hkWeb: [www.hongchi.org.hk](http://www.hongchi.org.hk) |
| Autism | The Whiterose Family FoundationTel: 6466 1954E-mail: info@whiterose.hkWeb: [www.whiterose.hk/index.html](http://www.whiterose.hk/index.html) |
|  | Society for the Welfare of Autistic PersonsTel: 2788 3326/3188 4504E-mail: info@swap.org.hk Web: [www.swap.org.hk/cms/](http://www.swap.org.hk/cms/) |
|  | The Children’s Institute of Hong KongTel: 2812 2144 / 2816 5222E-mail: info@tcihk.orgWeb: [www.tcihk.org](http://www.tcihk.org)  |
| Global Delay | The Whiterose Family FoundationTel: 6466 1954E-mail: info@whiterose.hkWeb: [www.whiterose.hk/index.html](http://www.whiterose.hk/index.html) |
| Speech Language & Communication | The Hong Kong Association of Speech TherapistTel: 8101 1830Website: http://www.speechtherapy.org.hk/services.html |
|  | Division of Speech and Hearing Sciences University of Hong KongTel: 39212789E-mail: speech@hkucc.hku.hkWeb: [www.speech.hku.hk/clinic/speech-e.htm#instructor](http://www.speech.hku.hk/clinic/speech-e.htm#instructor) |
|  | SPOT (Speech Physio and Occupational Therapies (ENGLISH ONLY)Tel: 2544 5835E-mail: appt@physiohk.comWeb: <http://www.physiohk.com/spot/> |
|  | Speech and Language Centre (ENGLISH ONLY)Tel: 2817 5450E-mail: moffice@slcentre.comWeb: [www.slcentre.com](http://www.slcentre.com) |
|  | Rehabilitation ConsultantsTel: 2850 6276Web: [www.rehabconsultantshk.com](http://www.rehabconsultantshk.com) |
| Audiology Assessment | PhonakTel: 2525 0269E-mail: info@phonak.com.hkWeb: <http://www.phonak.com.hk> |
|  | WIDEXTel: 2111 9798E-mail: enquiry@widexhongkong.com.hk.Web: <http://www.widexhongkong.com.hk> |
| Peadatrician | Dr Lam Wai Fan Fanny Hong Kong Developmental Peadiatrics CentreTel: 2243 0000E-mail: childassessment@gmail.comWeb: [www.hkpdc.com](http://www.hkpdc.com) |
| Dr. Ho Ting Pong Room 704, Alliance Building, 130 Connaught Road, Central ,HKTel: 2815 5111 |
| Private Practice | The PracticeTel: 2523 3941/8208 3212E-mail: thepractice@thepractice.com.hkDr Michael H.P.TsangPh.D. in Clinical Psychology (USA)Psychologist, College of Psychologists of Ontario, CanadaRegistered Clinical Psychologist, HKPSMember of the American Psychological AssociationDirector of Clinical Services |
| Private Practice | Psychology ResourcesTel: 2521 4668E-mail: admin@prlhk.comWeb: <http://www.prlhk.com>Lynette Levy, Ph.D. * Licensed clinical psychologist from US
* Grew up in HK, English and Cantonese fluent
* Specializes in Educational Assessments
* Working with families and children going through divorce
* Expert Witness in Family Law cases
* Conducts therapy with children and adolescents

Melinda Sturges, BSc, Med, LRCSLT * Speech and Language Therapist
* 20+ years in HK, UK trained
* Teaches at HKU training speech and language therapists
* Specialized in Speech and Language Assessments
* Speech and Language Therapy
* Fluency Disorders/Stuttering
* Language based learning difficulties in school age children

Alicia Pon, Ph.D., MHSc, PgC (Psych) * Play Therapist, Clinical Social Worker, Thanatologist
* Trained in Singapore, Australia and Hong Kong
* Fluent in English, Cantonese, and Mandarin
* Teaches at HKU and supervises undergraduates and postgraduate students
* Specializes in Play therapy, Sandplay Therapy and Grief Therapy with clients of all ages
* Work with children and family dealing with grief and loss, trauma, divorce and separation, attachment and adoption, parent-child, and school related issues
* Conducts counselling and psychotherapy for children and adolescents from 3 to 18
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| Private Practice | Therapy AssociatesTel: 2869 1962E-mail: tal@talhk.comWeb site: [www.talhk.com](http://www.talhk.com/)Therapy Associates and the Blurton Family Development Centre (BFDC) provide detailed and comprehensive psycho-educational assessments that are positive and child-centered, as well as therapy/counselling for individuals, couples and families. They have many specialists in specific areas, and also offer programs and classes to enhance child development or help families to develop healthy coping skills. Dr. Jadis Blurton has a Ph.D in Developmental Psychology and Master’s Degrees in both Psychology and Special Education. She is a Registered Psychologist in Hong Kong, and is licensed as a Clinical Psychologist in the United States. Dr Blurton has worked with children for over thirty years both as a teacher and as a psychologist, has raised six children of her own, and has lived in Hong Kong since 1996. Amanda Oswalt supports with assessments and child therapy. She has a PsyD in Child and Family Systems, is from the US, and was working at NYU doing assessments prior to coming to Hong Kong. Alison Cook worked as a GP and a community and schools’ doctor in England. In Hong Kong she pursues her interest in helping children and adults with attention difficulties. She supports clients through an Internet-based software programme (COGmed) to improve their Working Memory. |
|  | Southside Family Health Centre/Central Health Medical Practice/Island Health Family PracticeTel: 2592 9000E-mail: enquiries@southside.com.hkWeb: <http://www.southside.com.hk>Dr. Tara Levinson is a US Licensed Pscyhologist and a Nationally Certified School Psychologist. Her Ph.D. is in School and Pediatric Psychology and she has a Master’s degree in Special Education. Tara has worked in school, family, and private clinical settings for the past 15 years to support the social, emotional, adaptive, and educational development of children. Prior to coming to Hong Kong, Dr. Levinson worked extensively with school districts in the NYC metro area to support a diverse group of learners. She conducted both psycho-educational and functional behavioural assessments as well as provide ongoing educator training in early literacy, autism spectrum disorders, and positive behaviour support. Her post-doctoral work has focused on children with perspective taking weaknesses and internalizing disorders. Dr. Levinson continues to publish her work in general community magazines as well as peer-reviewed journals and books. She is a parent of 3 young children who are also actively part of the Hong Kong community. Dr. Minna Chau has been working as a clinical child psychologist serving students and families in the international school community in Hong Kong since 2005. She holds a Ph.D. in clinical psychology from the USA, specialized in children and adolescents. She completed her one year pre-doctoral internship at a center for developmental disabilities. Her specialties are in the assessment of neurological disorders, specific learning disabilities and attentional disorders that provide the student, family and the school descriptive recommendations for the student’s challenges. In addition, Dr. Chau provides cognitive behavioural therapy for children and adolescents to help them overcome their emotional and behavioural difficulties. She works closely with the family and the school using a systematic approach to maximize the recovery of the children so that they can return to their normal functioning level. Another specialization of Dr. Chau comes from the Parent Child Interaction Therapy, as intensive individualized coaching for parents with young children who display aggression and noncompliance. PCIT is one of the few evidenced based treatments for young children with difficult temperaments and developmental delays and Dr. Chau is one of the certified PCIT certified therapists in Hong Kong. In addition, Dr. Chau is the supervisor and lead consultant for a new GIRLS program for girl (Age 8-11) to protect them from verbal or relational aggression. Dr. Chau speaks, reads and writes fluent English, Cantonese and Mandarin. Dr. Sharon Green has a PhD in Education with an emphasis on reading and reading disabilities. She has worked as professor at several US universities as well as a consultant to schools. She does diagnostic assessments and tutoring for children with reading difficulties (both decoding and comprehension) as well as teacher support. John Shanahan, MPsych, Grad Dip Ed, completed his primary and secondary education in Hong Kong before completing his Bachelors in Psychology (Hons) in the UK. He then moved to Australia where he completed a Masters in Applied Developmental Psychology and a Graduate Diploma in Special Education. John is a registered psychologist and a qualified teacher. He has been working in Hong Kong for the past 5 years in private practice. He regularly collaborates with doctors, paediatricians, psychiatrist, other child psychologists, speech therapists, and learning specialists to provide holistic care when necessary. John currently offers two main services. The first is comprehensive psycho-educational assessments to determine not only student’s weaknesses, but also their strengths. He likes to involve all stakeholders (such as parents and schools), and regularly does school observations and school debriefs as part of the assessment process. He likes to make the assessments as fun and as positive as possible. He administers assessments to children from the ages of 3-21 years of age and has experience with children with LDs, ASD, ADHD and other behavioural and emotional difficulties/disorders. The second is on-going therapy. John regularly works with children from the ages of 5 -21 years of age and has experience working with children with all sorts of difficulties. He particularly enjoys working with children and teenagers who have trouble with anxiety, anger management, behavioural difficulties, ADHD, and Asperger’s. John also offers group programs that build social skills and resiliency, and offers parent and teacher training on various topics. He is also involved with a number of charities and nonprofit organizations throughout HK.  Anthony Stone – Behaviour Consultant Individual (home and/or school setting), family, group or whole school behaviour support. Focus on proactive, positive strategies with the goal of minimizing the need to manage behaviour and therefore maximizing learning time, quality of relationships, and engagement to learning and academic achievement. CPD for teachers, educational assistants and other support staff. Influences include Essential Skills for Classroom management, Functional Behaviour Assessment, School-wide Positive Behaviour Support and Non-violent Crisis Intervention. Assists in community reach by offering behaviourmanagement sessions/presentations for parents and domestic helpers. |
| Private Practice | The Counselling Centre Tel: 2523 8979E-mail: enq@resourcecounselling.orgWeb: [www.resourcecounselling.org](http://www.resourcecounselling.org)The Counselling Centre was established over 35 years ago. It provides counselling for individuals, couples, families and adolescents. At the present time there are thirteen counsellors. All the counsellors are trained to a high standard and experienced. They see clients for many reasons, for example relationship difficulties, parenting issues, family issues, anxiety, stress, depression and bereavement, etc. ReSource is a multicultural organisation and at present can offer counselling in at least seven languages – English, Cantonese, Mandarin, German, Hindi, Marathi and Marwadi. Dr. Melanie Maynard is a Counselling Psychologist, trained in the UK. She works mainly with individual adults age 16 and above, and couples. She specialises in providing Cognitive-Behavioural and Psychodynamic Therapy, and integrates them according to the need to the client(s), drawing on compassion-based theory, interpersonal theory and attachment theory where appropriate. She has a wide experience in a number of areas of psychology but particularly specialises in treating problem/pathological gambling, helping clients adjusting to divorce and relationship breakdown as well as depression, stress and anxiety disorders. |
| Private Practice | Hub and Spokes International Tel: 3105 1908E-mail: info@hubnspokesltd.comWeb: [www.hubnspokesltd.com](http://www.hubnspokesltd.com) Hub and Spokes International provide services for individuals, couples, and families: psychotherapy, life coaching and mentoring, marriage counselling, pastoral counselling and spiritual care. They also provide clinical supervision and training of mental health and spiritual caregivers through seminars and conferences. Eufemia Lui is a Family and Pastoral Care counsellor. Having worked as a hospital chaplain, she approaches counselling with a holistic perspective. She integrates psychological principles and spiritual care in working with clients. She’s worked with a variety of issues including trauma, reparenting, unforgiveness, individuation & self-identity development, abuse, fear & anxiety, divorce recovery, infidelity recovery, sexual dysfunction, and relational dynamics. She works mainly with adults at this time. Eufemia speaks English, Putonghua, and moderate Cantonese. Dr. Gerald Lui completed his degree in clinical psychology in the US and has worked in psychiatric hospitals and community mental health clinics. He is a registered psychologist with the Hong Kong Psychological Society. Dr. Lui was formerly the assistant professor of counselling studies at the China Graduate School of Theology. Dr. Lui provide psychotherapy to adolescents, adults, couples and families who are struggling with various emotional, psychological, mental and relational issues. He also provides consultations for institutions, clinical supervision (individual & group), group therapy, and psychological assessments. Dr. Lui draws his clinical perspectives primarily from Attachment Theory. He speaks English, Cantonese and Putonghua. Cynthia (Cindy) Aufrance is a pastoral care specialist. She has worked in Hong Kong with Christian charities since 1975. She received a BA Psychology from Malone University, and an MA Missions from Trinity Evangelical Divinity School. She is a certified trainer for the Elijah House School of Prayer. Additional modules of training and experience include: Cleansing Stream Ministry; Sharpening Your Interpersonal Skills; Conflict Management; Contingency Planning; Resolving Spiritual Conflicts; Helping Others find Freedom in Christ; Pastoral Care School; and Stephen Ministry. She has been ministering in pastoral counselling and prayer ministry since 2001.  |
| Private Practice | IMI (Integrated Medicine Institute) Tel: 2523 7121E-mail: health@imi.com.hkWeb: [www.imi.com.hk](http://www.imi.com.hk)IMI (Integrated Medicine Institute) is a trusted and respected health clinic for integrated and holistic medicine. The practice has its roots in the private Homeopathic and Naturopathic clinic of Graeme Bradshaw, who brought Western natural medicine to Hong Kong in 1990. He developed the Integrated Medicine Institute ten years later. The foundation offers services in Osteopathy, Chiropractic, Psychotherapy, Counseling, Holistic Therapies and Medical testing. Over the years they have supported thousands of people back to health, and so understand the complexity of achieve optimal health and total well-being in mind, body, emotions, and spirit. Their team now has more than a dozen qualified,experienced health care professionals and doctors.  |
| Private Practice | MindquestTel: 3552 3012E-mail: info@mindquestgroup.comWeb: [www.mindquestgroup.com](http://www.mindquestgroup.com)Mindquest Group works is a wellness centre that focuses on the social-emotional development of children. They run positive psychology programs for children on resiliency, emotional intelligence, social skills and also offer individual coaching and counselling. In addition to their work with children, they offer family and parenting coaching and work with adults in group settings and on an individual basis on anxiety, stress management, anger management, problem solving, mindfulness. The founder of Mindquest is Justine Campbell and works under the clinical supervision of Dr. Blurton.  |
| Private Practice | F.O.C.U.S. Tel: 2849 8218E-mail: info@focus.org.hkWeb: [www.focus.org.hk](http://www.focus.org.hk)F.O.C.U.S. is a Hong Kong based non-profit organization whose mission is to promote public awareness of learning disabilities and attentional disorders and to improve the education of children who are challenged by these learning differences. F.O.C.U.S. began as a parents' support group in 1990 and registered as a charity in Hong Kong in 1997. They run a variety of group programs to support children with a particular focus on children with SLN, including ADHD and Dyslexia. |
| Private Practice | The Body GroupTel: 2167 7305E-mail: <http://www.thebodygroup.com/home/contact_form.php>Web: [www.thebodygroup.com](http://www.thebodygroup.com)The body group is a wellness centre that focuses on looking at the body as a whole and how organs and systems work together in harmony. They have a particular focus on working with people who suffer from allergies and have had success working with behavioural issues in children through alternative treatments.  |
| Social Welfare Department | The Family and Child Protective Services Units Tel: 2343 2255E-mail: swdenq@swd.gov.hkWeb: [www.swd.gov.hk/en/index/site\_pubsvc/page\_family/sub\_listofserv/id\_familyandc/](http://www.swd.gov.hk/en/index/site_pubsvc/page_family/sub_listofserv/id_familyandc/)The Family and Child Protective Services Units (FCPSUs) are specialized units operated by the Social Welfare Department to assist the families with the problems of child abuse and spouse / cohabitant battering to restore normal functioning and to safeguard the interest of the children affected by custody/guardianship disputes and referred by the Courts.  |
| Art Therapy | Association of Art Therapists (HKAAT)Tel: 2810 1993 Email: hkpscentral@gmail.comWeb: [www.hkpscentral.com](http://www.hkpscentral.com)Julia Byrne, an Art Therapist and formerly a teacher grew up in Hong Kong and returned after gaining her Master’s degree in Art Therapy in 1994 after interning in a mental health hospital and in special needs schools. She offers art therapy to a wide range of needs, working with children, adults and groups with emotional/learning difficulties, depression, special needs, including Down syndrome and autism, physical disabilities, geriatrics, and cancer patients and substance abuse, trauma, and grief through various local organizations also in schools. Julia runs social skills groups at various schools; and also has extensive experience working with children with ADHD, autism, and self-esteem issues. Currently Julia works as an art therapist with Hong Kong Psychological Services. She lectures in Art Therapy at HKU; one of the courses is Art Interventions for the Elderly and the second is The Fundamentals of Art Therapy Course, for the past 12 years through the department of Social Work and Social Administration; and is the Founding President of the Hong Kong  |
| Music Therapy | Pang’s Music Therapy CentreTel: 2815 0688Web: [www.musictherapyhk.org](http://www.musictherapyhk.org) |
| Parenting | YWCATel: 3476 1340E-mail: esmd@ywca.org.hkWeb: [www.esmdywca.org.hk](http://www.esmdywca.org.hk)The YWCA runs several one day and one month-long parenting courses in Mid-Levels.  |
|  | Family First FoundationE-mail: info@familyfirst.org.hkWeb: [www.familyfirst.org.hk](http://www.familyfirst.org.hk)FFF is a non-profit organisation formed by parents to help fellow parents develop strong relationships with their family members. |
|  | Hong Kong Federation of Youth GroupsTel: 2527 2448E-mail: hq@hkfyg.org.hk Web: [hkfyg.org.hk](http://www.hkfyg.org.hk)For parents with children age 10-18, the federation organises family life education programmes and free parent-child mediation servies to help them communicate effectivley and resolve conflicts. |
|  | Child and Family CentreTel: 2543 0993E-mail: info@childandfamilycentre.com.hkWeb: [www.childandfamilycentre.net](http://www.childandfamilycentre.net)Dr Caleb Knight works with children with Autism, Asperger’s and learning difficulties. He provides parents with education and counselling to help them cope with the challenges of raising special needs children. |
|  | Family Foundations Tel: 9771 2682E-mail: ch@familyfoundationsltd.orgWeb: <http://familyfoundationsltd.wordpress.com/>Family Foundations offers individual and group courses that give both practical and thoretical tools for parenting. |
|  | Lo Chan TherapyTel: 9792 7165E-mail: lo@lochantherapy.comWeb: [www.lochantherapy.com](http://www.lochantherapy.com)Lo Chan Therapy offers counselling services to individuals, couples and families in Cantonese, Mandarin and English. |
|  | Child and Family Development PracticeTel: 2914 2223E-mail: info@childdevelopment.com.hkWeb: [www.childdevelopment.com.hk](http://www.childdevelopment.com.hk)Hadas Hecht helps parents to develop coping skills to meet their child’s individual needs. |
| Tutorial Support | Sylvan Learning CenterTel: 28730662Web: [www.tutoring.sylvanlearning.com/centers/00000/programs.cfm](http://www.tutoring.sylvanlearning.com/centers/00000/programs.cfm) |
| Engish Tutors | John Tait Tel: 91056872E-mail: jtait8@hotmail.com |
|  | Marion McNally Tel: 94654468/25261153Email: primarymattershk@gmail.com |
| Gifted and Talented | LAM Hak-chung, Patrick (Associate Director)The Hong Kong Academy for the Gifted and Talented(Tel: 3940 0225E-mail: patricklam@hkage.org.hk |
|  | CHING Wing-tak, Victor The Hong Kong Academy for the Gifted and TalentedSha Kok Estate, ShatinTel: 3940 0228E-mail: victorching@hkage.org.hk |
| Summer Couses | Pathways FoundationTel: 2870 1377 E-mail: info@pathways.org.hk |
| Society of Boys’ Center Learning Development ServicesTel: 8200 3522E-mail: lds@sbc.org.hkWeb: [www.sbclds.org.hk](http://www.sbclds.org.hk) |
|  | Caritas Youth and Community ServiceTel: 2772 3198Web: [www.ycs.caritas.org.hk/spld/](http://www.ycs.caritas.org.hk/spld/) |
| General | Arts with the Disabled Association Hong Kong [www.adahk.org.hk](http://www.adahk.org.hk)Department of Health Child Assessment Services[www.dhcas.gov.hk](http://www.dhcas.gov.hk)Education Bureau[www.edb.gov.hk](http://www.edb.gov.hk#www.edb.gov.hk)Growing Together[www.growingtogether.org.hk](http://www.growingtogether.org.hk/#www.growingtogether.org.hk%20)Heep Hong Society[www.heephong.org](http://www.heephong.org/)The Nesbitt Centre[www.nesbittcentre.org.hk](http://www.nesbittcentre.org.hk/#www.nesbittcentre.org.hk)The Rock Foundation[www.therf.org](http://www.therf.org/) |

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