**List of services available in Hong Kong**

The following list is solely for informational purposes and is by no means exhaustive. The persons or therapists are not listed in any particular order. Victoria Shanghai Academy does not sponsor, endorse, or otherwise approve any therapists listed below. Victoria Shanghai Academy does not warrant the accuracy and completeness of the list and use thereof is at your own risk. The list is compiled with the intention of informing our parents of what services are available in Hong Kong.

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| Service | Company/Organisation |
| Dyslexia | Dr. Lee’s Language and Dyslexia Treatment Centre  Tel: 2545 8128  E-mail: [info@dyslexiacentre.hk](mailto:info@dyslexiacentre.hk)  Web: [www.dylexiacentre.hk](http://www.dylexiacentre.hk/) |
|  | Pathways Foundation  Tel: 2870 1377  E-mail: [info@pathways.org.hk](mailto:info@pathways.org.hk)  Web: [www.pathways.org.hk](http://www.pathways.org.hk) |
|  | Hong Kong Dyslexia Association  E-mail: [info@dyslexia.org.hk](mailto:info@dyslexia.org.hk)  Web: [www.dyslexia.org.hk](http://www.dyslexia.org.hk) |
| Dyslexia Testing specifically for ESL learners | Dr Edward Shen  Spectrum Psychological Services  Tel: 2525 0011  E-mail: [spectrum@spectrum-hk.com](mailto:spectrum@spectrum-hk.com)  Web: [www.spectrum-hk.com](http://www.spectrum-hk.com) |
| ADHD | ADHD Foundation Hong Kong  Tel: 2858-2183  Web: <http://www.adhd.hk> |
| Intellectual Disabilities | Fu Hong Society  Tel: 2745 0424  E-mail: [fhs@fuhong.org](mailto:fhs@fuhong.org)  Web: [www.fuhong.org](http://www.fuhong.org) |
|  | Hong Chi Association  Tel: 2661 0709  E-mail: [cfr@hongchi.org.hk](mailto:cfr@hongchi.org.hk)  Web: [www.hongchi.org.hk](http://www.hongchi.org.hk) |
| Autism | The Whiterose Family Foundation  Tel: 6466 1954  E-mail: [info@whiterose.hk](mailto:info@whiterose.hk)  Web: [www.whiterose.hk/index.html](http://www.whiterose.hk/index.html) |
|  | Society for the Welfare of Autistic Persons  Tel: 2788 3326/3188 4504  E-mail: [info@swap.org.hk](mailto:info@swap.org.hk)  Web: [www.swap.org.hk/cms/](http://www.swap.org.hk/cms/) |
|  | The Children’s Institute of Hong Kong  Tel: 2812 2144 / 2816 5222  E-mail: info@tcihk.org  Web: [www.tcihk.org](http://www.tcihk.org) |
| Global Delay | The Whiterose Family Foundation  Tel: 6466 1954  E-mail: [info@whiterose.hk](mailto:info@whiterose.hk)  Web: [www.whiterose.hk/index.html](http://www.whiterose.hk/index.html) |
| Speech Language & Communication | The Hong Kong Association of Speech Therapist  Tel: 8101 1830  Website: http://www.speechtherapy.org.hk/services.html |
|  | Division of Speech and Hearing Sciences University of Hong Kong  Tel: 39212789  E-mail: [speech@hkucc.hku.hk](mailto:speech@hkucc.hku.hk)  Web: [www.speech.hku.hk/clinic/speech-e.htm#instructor](http://www.speech.hku.hk/clinic/speech-e.htm#instructor) |
|  | SPOT (Speech Physio and Occupational Therapies (ENGLISH ONLY)  Tel: 2544 5835  E-mail: [appt@physiohk.com](mailto:appt@physiohk.com)  Web: <http://www.physiohk.com/spot/> |
|  | Speech and Language Centre (ENGLISH ONLY)  Tel: 2817 5450  E-mail: [moffice@slcentre.com](mailto:moffice@slcentre.com)  Web: [www.slcentre.com](http://www.slcentre.com) |
|  | Rehabilitation Consultants  Tel: 2850 6276  Web: [www.rehabconsultantshk.com](http://www.rehabconsultantshk.com) |
| Audiology Assessment | Phonak  Tel: 2525 0269  E-mail: [info@phonak.com.hk](mailto:info@phonak.com.hk)  Web: <http://www.phonak.com.hk> |
|  | WIDEX  Tel: 2111 9798  E-mail: [enquiry@widexhongkong.com.hk](mailto:enquiry@widexhongkong.com.hk).  Web: <http://www.widexhongkong.com.hk> |
| Peadatrician | Dr Lam Wai Fan Fanny  Hong Kong Developmental Peadiatrics Centre  Tel: 2243 0000  E-mail: [childassessment@gmail.com](mailto:childassessment@gmail.com)  Web: [www.hkpdc.com](http://www.hkpdc.com) |
| Dr. Ho Ting Pong  Room 704, Alliance Building, 130 Connaught Road, Central ,HK Tel: 2815 5111 |
| Private Practice | The Practice  Tel: 2523 3941/8208 3212  E-mail: [thepractice@thepractice.com.hk](mailto:thepractice@thepractice.com.hk)  Dr Michael H.P.Tsang  Ph.D. in Clinical Psychology (USA)  Psychologist, College of Psychologists of Ontario, Canada  Registered Clinical Psychologist, HKPS  Member of the American Psychological Association  Director of Clinical Services |
| Private Practice | Psychology Resources  Tel: 2521 4668  E-mail: [admin@prlhk.com](mailto:admin@prlhk.com" \o "mailto:admin@prlhk.com)  Web: <http://www.prlhk.com>  Lynette Levy, Ph.D.   * Licensed clinical psychologist from US * Grew up in HK, English and Cantonese fluent * Specializes in Educational Assessments * Working with families and children going through divorce * Expert Witness in Family Law cases * Conducts therapy with children and adolescents   Melinda Sturges, BSc, Med, LRCSLT   * Speech and Language Therapist * 20+ years in HK, UK trained * Teaches at HKU training speech and language therapists * Specialized in Speech and Language Assessments * Speech and Language Therapy * Fluency Disorders/Stuttering * Language based learning difficulties in school age children   Alicia Pon, Ph.D., MHSc, PgC (Psych)   * Play Therapist, Clinical Social Worker, Thanatologist * Trained in Singapore, Australia and Hong Kong * Fluent in English, Cantonese, and Mandarin * Teaches at HKU and supervises undergraduates and postgraduate students * Specializes in Play therapy, Sandplay Therapy and Grief Therapy with clients of all ages * Work with children and family dealing with grief and loss, trauma, divorce and separation, attachment and adoption, parent-child, and school related issues * Conducts counselling and psychotherapy for children and adolescents from 3 to 18 |
| Private Practice | Therapy Associates  Tel: 2869 1962  E-mail: [tal@talhk.com](mailto:tal@talhk.com)  Web site: [www.talhk.com](http://www.talhk.com/)  Therapy Associates and the Blurton Family Development Centre (BFDC) provide  detailed and comprehensive psycho-educational assessments that are positive  and child-centered, as well as therapy/counselling for individuals, couples and  families. They have many specialists in specific areas, and also offer programs and  classes to enhance child development or help families to develop healthy coping  skills.  Dr. Jadis Blurton has a Ph.D in Developmental Psychology and Master’s Degrees in both  Psychology and Special Education. She is a Registered Psychologist in Hong Kong, and is  licensed as a Clinical Psychologist in the United States. Dr Blurton has worked with children for over thirty years both as a teacher and as a psychologist, has raised six children of her own, and has lived in Hong Kong since 1996.  Amanda Oswalt supports with assessments and child therapy. She has a PsyD in Child and Family Systems, is from the US, and was working at NYU doing assessments prior to coming to Hong Kong.  Alison Cook worked as a GP and a community and schools’ doctor in England. In Hong  Kong she pursues her interest in helping children and adults with attention difficulties. She supports clients through an Internet-based software programme (COGmed) to improve their Working Memory. |
|  | Southside Family Health Centre/Central Health Medical Practice/Island Health Family Practice  Tel: 2592 9000  E-mail: [enquiries@southside.com.hk](mailto:enquiries@southside.com.hk)  Web: <http://www.southside.com.hk>  Dr. Tara Levinson is a US Licensed Pscyhologist and a Nationally Certified School  Psychologist. Her Ph.D. is in School and Pediatric Psychology and she has a Master’s degree in  Special Education. Tara has worked in school, family, and private clinical settings for the  past 15 years to support the social, emotional, adaptive, and educational development of  children. Prior to coming to Hong Kong, Dr. Levinson worked extensively with school districts in the NYC metro area to support a diverse group of learners. She conducted both psycho-  educational and functional behavioural assessments as well as provide ongoing educator  training in early literacy, autism spectrum disorders, and positive behaviour support. Her  post-doctoral work has focused on children with perspective taking weaknesses and  internalizing disorders. Dr. Levinson continues to publish her work in general community  magazines as well as peer-reviewed journals and books. She is a parent of 3 young children  who are also actively part of the Hong Kong community.  Dr. Minna Chau has been working as a clinical child psychologist serving students and  families in the international school community in Hong Kong since 2005. She holds a Ph.D.  in clinical psychology from the USA, specialized in children and adolescents. She completed  her one year pre-doctoral internship at a center for developmental disabilities. Her  specialties are in the assessment of neurological disorders, specific learning disabilities and  attentional disorders that provide the student, family and the school descriptive  recommendations for the student’s challenges. In addition, Dr. Chau provides cognitive behavioural therapy for children and adolescents to help them overcome their emotional and behavioural difficulties. She works closely with the family and the school using a systematic approach to maximize the recovery of the children so that they can return to their normal functioning level. Another specialization of Dr. Chau comes from the Parent Child Interaction Therapy, as intensive individualized coaching for parents with young children who display aggression and noncompliance. PCIT is one of the few evidenced based treatments for young children with difficult temperaments and developmental delays and Dr. Chau is one of the certified PCIT certified therapists in Hong Kong. In addition, Dr. Chau is the supervisor and lead consultant for a new GIRLS program for girl (Age 8-11) to protect them from verbal or relational aggression. Dr. Chau speaks, reads and writes fluent English, Cantonese and Mandarin.  Dr. Sharon Green has a PhD in Education with an emphasis on reading and reading disabilities. She has worked as professor at several US universities as well as a consultant to schools. She  does diagnostic assessments and tutoring for children with reading difficulties (both  decoding and comprehension) as well as teacher support.  John Shanahan, MPsych, Grad Dip Ed, completed his primary and secondary education in Hong Kong before completing his Bachelors in Psychology (Hons) in the UK. He then moved to Australia where he completed a Masters in Applied Developmental Psychology and a Graduate Diploma in Special Education. John is a registered psychologist and a qualified teacher. He has been working in Hong Kong for the past 5 years in private practice. He regularly collaborates with doctors, paediatricians, psychiatrist, other child psychologists, speech therapists, and learning specialists to provide holistic care when necessary. John currently offers two main services. The first is comprehensive psycho-educational assessments to determine not only student’s weaknesses, but also their strengths. He likes to involve all stakeholders (such as parents and schools), and regularly does school observations and school debriefs as part of the assessment process. He likes to make the assessments as fun and as positive as possible. He administers assessments to children from the ages of 3-21 years of age and has experience with children with LDs, ASD, ADHD and other behavioural and emotional difficulties/disorders. The second is on-going therapy. John regularly works with children from the ages of 5 -21 years of age and has experience working with children with all sorts of difficulties. He particularly enjoys working with children and teenagers who have trouble with anxiety, anger management, behavioural difficulties, ADHD, and Asperger’s. John also offers group programs that build social skills and resiliency, and offers parent and teacher training on various topics. He is also involved with a number of charities and nonprofit organizations throughout HK.    Anthony Stone – Behaviour Consultant  Individual (home and/or school setting), family, group or whole school behaviour support.  Focus on proactive, positive strategies with the goal of minimizing the need to manage  behaviour and therefore maximizing learning time, quality of relationships, and  engagement to learning and academic achievement. CPD for teachers, educational  assistants and other support staff. Influences include Essential Skills for Classroom  management, Functional Behaviour Assessment, School-wide Positive Behaviour Support  and Non-violent Crisis Intervention. Assists in community reach by offering behaviourmanagement sessions/presentations for parents and domestic helpers. |
| Private Practice | The Counselling Centre  Tel: 2523 8979  E-mail: [enq@resourcecounselling.org](mailto:enq@resourcecounselling.org)  Web: [www.resourcecounselling.org](http://www.resourcecounselling.org)  The Counselling Centre was established over 35 years ago. It provides counselling for  individuals, couples, families and adolescents. At the present time there are thirteen  counsellors. All the counsellors are trained to a high standard and experienced. They see  clients for many reasons, for example relationship difficulties, parenting issues, family  issues, anxiety, stress, depression and bereavement, etc. ReSource is a multicultural  organisation and at present can offer counselling in at least seven languages – English,  Cantonese, Mandarin, German, Hindi, Marathi and Marwadi.  Dr. Melanie Maynard is a Counselling Psychologist, trained in the UK. She works mainly  with individual adults age 16 and above, and couples. She specialises in providing  Cognitive-Behavioural and Psychodynamic Therapy, and integrates them according to the  need to the client(s), drawing on compassion-based theory, interpersonal theory and  attachment theory where appropriate. She has a wide experience in a number of areas of  psychology but particularly specialises in treating problem/pathological gambling, helping  clients adjusting to divorce and relationship breakdown as well as depression, stress and  anxiety disorders. |
| Private Practice | Hub and Spokes International  Tel: 3105 1908  E-mail: [info@hubnspokesltd.com](mailto:info@hubnspokesltd.com)  Web: [www.hubnspokesltd.com](http://www.hubnspokesltd.com)  Hub and Spokes International provide services for individuals, couples, and families: psychotherapy, life coaching and mentoring, marriage counselling, pastoral counselling and spiritual care. They also provide clinical supervision and training of mental health and spiritual caregivers through seminars and conferences.  Eufemia Lui is a Family and Pastoral Care counsellor. Having worked as a hospital chaplain, she approaches counselling with a holistic perspective. She integrates psychological principles and spiritual care in working with clients. She’s worked with a variety of issues including trauma, reparenting, unforgiveness, individuation & self-identity development, abuse, fear & anxiety, divorce recovery, infidelity recovery, sexual dysfunction, and relational dynamics. She works mainly with adults at this time. Eufemia speaks English, Putonghua, and moderate Cantonese.  Dr. Gerald Lui completed his degree in clinical psychology in the US and has worked in  psychiatric hospitals and community mental health clinics. He is a registered psychologist  with the Hong Kong Psychological Society. Dr. Lui was formerly the assistant professor of  counselling studies at the China Graduate School of Theology. Dr. Lui provide psychotherapy  to adolescents, adults, couples and families who are struggling with various emotional,  psychological, mental and relational issues. He also provides consultations for institutions,  clinical supervision (individual & group), group therapy, and psychological assessments. Dr.  Lui draws his clinical perspectives primarily from Attachment Theory. He speaks English,  Cantonese and Putonghua.  Cynthia (Cindy) Aufrance is a pastoral care specialist. She has worked in Hong Kong  with Christian charities since 1975. She received a BA Psychology from Malone University,  and an MA Missions from Trinity Evangelical Divinity School. She is a certified trainer for the  Elijah House School of Prayer. Additional modules of training and experience include:  Cleansing Stream Ministry; Sharpening Your Interpersonal Skills; Conflict Management;  Contingency Planning; Resolving Spiritual Conflicts; Helping Others find Freedom in Christ;  Pastoral Care School; and Stephen Ministry. She has been ministering in pastoral  counselling and prayer ministry since 2001. |
| Private Practice | IMI (Integrated Medicine Institute)  Tel: 2523 7121  E-mail: [health@imi.com.hk](mailto:health@imi.com.hk)  Web: [www.imi.com.hk](http://www.imi.com.hk)  IMI (Integrated Medicine Institute) is a trusted and respected health clinic for integrated  and holistic medicine. The practice has its roots in the private Homeopathic and  Naturopathic clinic of Graeme Bradshaw, who brought Western natural medicine to Hong  Kong in 1990. He developed the Integrated Medicine Institute ten years later. The foundation offers services in Osteopathy, Chiropractic, Psychotherapy, Counseling, Holistic Therapies and Medical testing. Over the years they have supported thousands of people back to health, and so understand the complexity of achieve optimal health and total well-being in mind, body, emotions, and spirit. Their team now has more than a dozen qualified,  experienced health care professionals and doctors. |
| Private Practice | Mindquest  Tel: 3552 3012  E-mail: [info@mindquestgroup.com](mailto:info@mindquestgroup.com)  Web: [www.mindquestgroup.com](http://www.mindquestgroup.com)  Mindquest Group works is a wellness centre that focuses on the social-emotional development of children. They run positive psychology programs for children on resiliency, emotional intelligence, social skills and also offer individual coaching and counselling. In addition to their work with children, they offer family and parenting coaching and work with adults in group settings and on an individual basis on anxiety, stress management, anger management, problem solving, mindfulness. The founder of Mindquest is Justine Campbell and works under the clinical supervision of Dr. Blurton. |
| Private Practice | F.O.C.U.S.  Tel: 2849 8218  E-mail: [info@focus.org.hk](mailto:info@focus.org.hk" \o "E-mail: info@focus.org.hk)  Web: [www.focus.org.hk](http://www.focus.org.hk)  F.O.C.U.S. is a Hong Kong based non-profit organization whose mission is to promote public  awareness of learning disabilities and attentional disorders and to improve the education  of children who are challenged by these learning differences. F.O.C.U.S. began as a parents'  support group in 1990 and registered as a charity in Hong Kong in 1997. They run a variety of group programs to support children with a particular focus on children with SLN, including ADHD and Dyslexia. |
| Private Practice | The Body Group  Tel: 2167 7305  E-mail: <http://www.thebodygroup.com/home/contact_form.php>  Web: [www.thebodygroup.com](http://www.thebodygroup.com)  The body group is a wellness centre that focuses on looking at the body as a whole and how  organs and systems work together in harmony. They have a particular focus on working  with people who suffer from allergies and have had success working with behavioural  issues in children through alternative treatments. |
| Social Welfare Department | The Family and Child Protective Services Units  Tel: 2343 2255  E-mail: [swdenq@swd.gov.hk](mailto:swdenq@swd.gov.hk)  Web: [www.swd.gov.hk/en/index/site\_pubsvc/page\_family/sub\_listofserv/id\_familyandc/](http://www.swd.gov.hk/en/index/site_pubsvc/page_family/sub_listofserv/id_familyandc/)  The Family and Child Protective Services Units (FCPSUs) are specialized units operated by the  Social Welfare Department to assist the families with the problems of child abuse and  spouse / cohabitant battering to restore normal functioning and to safeguard the interest  of the children affected by custody/guardianship disputes and referred by the Courts. |
| Art Therapy | Association of Art Therapists (HKAAT)  Tel: 2810 1993  Email: [hkpscentral@gmail.com](mailto:hkpscentral@gmail.com)  Web: [www.hkpscentral.com](http://www.hkpscentral.com)  Julia Byrne, an Art Therapist and formerly a teacher grew up in Hong Kong and returned  after gaining her Master’s degree in Art Therapy in 1994 after interning in a mental health  hospital and in special needs schools. She offers art therapy to a wide range of needs,  working with children, adults and groups with emotional/learning difficulties, depression,  special needs, including Down syndrome and autism, physical disabilities, geriatrics, and  cancer patients and substance abuse, trauma, and grief through various local organizations  also in schools. Julia runs social skills groups at various schools; and also has extensive experience working with children with ADHD, autism, and self-esteem issues. Currently Julia works as an art therapist with Hong Kong Psychological Services. She lectures in Art Therapy at HKU; one of the courses is Art Interventions for the Elderly and the second is The Fundamentals of Art Therapy Course, for the past 12 years through the department of  Social Work and Social Administration; and is the Founding President of the Hong Kong |
| Music Therapy | Pang’s Music Therapy Centre  Tel: 2815 0688  Web: [www.musictherapyhk.org](http://www.musictherapyhk.org) |
| Parenting | YWCA  Tel: 3476 1340  E-mail: [esmd@ywca.org.hk](mailto:esmd@ywca.org.hk)  Web: [www.esmdywca.org.hk](http://www.esmdywca.org.hk)  The YWCA runs several one day and one month-long parenting courses in Mid-Levels. |
|  | Family First Foundation  E-mail: [info@familyfirst.org.hk](mailto:info@familyfirst.org.hk)  Web: [www.familyfirst.org.hk](http://www.familyfirst.org.hk)  FFF is a non-profit organisation formed by parents to help fellow parents develop strong relationships with their family members. |
|  | Hong Kong Federation of Youth Groups  Tel: 2527 2448  E-mail: [hq@hkfyg.org.hk](mailto:hq@hkfyg.org.hk)  Web: [hkfyg.org.hk](http://www.hkfyg.org.hk)  For parents with children age 10-18, the federation organises family life education programmes and free parent-child mediation servies to help them communicate effectivley and resolve conflicts. |
|  | Child and Family Centre  Tel: 2543 0993  E-mail: [info@childandfamilycentre.com.hk](mailto:info@childandfamilycentre.com.hk)  Web: [www.childandfamilycentre.net](http://www.childandfamilycentre.net)  Dr Caleb Knight works with children with Autism, Asperger’s and learning difficulties. He provides parents with education and counselling to help them cope with the challenges of raising special needs children. |
|  | Family Foundations  Tel: 9771 2682  E-mail: ch@familyfoundationsltd.org  Web: <http://familyfoundationsltd.wordpress.com/>  Family Foundations offers individual and group courses that give both practical and thoretical tools for parenting. |
|  | Lo Chan Therapy  Tel: 9792 7165  E-mail: [lo@lochantherapy.com](mailto:lo@lochantherapy.com)  Web: [www.lochantherapy.com](http://www.lochantherapy.com)  Lo Chan Therapy offers counselling services to individuals, couples and families in Cantonese, Mandarin and English. |
|  | Child and Family Development Practice  Tel: 2914 2223  E-mail: [info@childdevelopment.com.hk](mailto:info@childdevelopment.com.hk)  Web: [www.childdevelopment.com.hk](http://www.childdevelopment.com.hk)  Hadas Hecht helps parents to develop coping skills to meet their child’s individual needs. |
| Tutorial Support | Sylvan Learning Center  Tel: 28730662  Web: [www.tutoring.sylvanlearning.com/centers/00000/programs.cfm](http://www.tutoring.sylvanlearning.com/centers/00000/programs.cfm) |
| Engish Tutors | John Tait  Tel: 91056872  E-mail: [jtait8@hotmail.com](mailto:jtait8@hotmail.com" \l "jtait8@hotmail.com) |
|  | Marion McNally  Tel: 94654468/25261153  Email: [primarymattershk@gmail.com](mailto:primarymattershk@gmail.com?subject=primarymattershk@gmail.com) |
| Gifted and Talented | LAM Hak-chung, Patrick (Associate Director) The Hong Kong Academy for the Gifted and Talented  (Tel: 3940 0225  E-mail: [patricklam@hkage.org.hk](mailto:patricklam@hkage.org.hk) |
|  | CHING Wing-tak, Victor  The Hong Kong Academy for the Gifted and Talented Sha Kok Estate, Shatin  Tel: 3940 0228  E-mail: [victorching@hkage.org.hk](mailto:victorching@hkage.org.hk) |
| Summer Couses | Pathways Foundation  Tel: 2870 1377  E-mail: [info@pathways.org.hk](mailto:info@pathways.org.hk) |
| Society of Boys’ Center  Learning Development Services  Tel: 8200 3522  E-mail: [lds@sbc.org.hk](mailto:lds@sbc.org.hk)  Web: [www.sbclds.org.hk](http://www.sbclds.org.hk) |
|  | Caritas Youth and Community Service Tel: 2772 3198  Web: [www.ycs.caritas.org.hk/spld/](http://www.ycs.caritas.org.hk/spld/) |
| General | Arts with the Disabled Association Hong Kong  [www.adahk.org.hk](http://www.adahk.org.hk)  Department of Health Child Assessment Services  [www.dhcas.gov.hk](http://www.dhcas.gov.hk)  Education Bureau  [www.edb.gov.hk](http://www.edb.gov.hk#www.edb.gov.hk)  Growing Together  [www.growingtogether.org.hk](http://www.growingtogether.org.hk/#www.growingtogether.org.hk%20)  Heep Hong Society  [www.heephong.org](http://www.heephong.org/)  The Nesbitt Centre  [www.nesbittcentre.org.hk](http://www.nesbittcentre.org.hk/#www.nesbittcentre.org.hk)  The Rock Foundation  [www.therf.org](http://www.therf.org/) |

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